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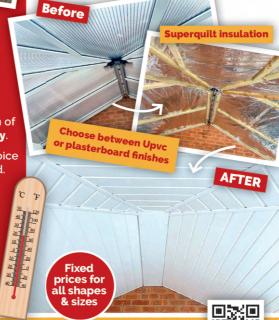
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Around Colchester 2025 - Your local magazine since 2009



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Greenfingers... the Alan Titchmarsh column

He's a magnificent broadcaster, gifted gardener, brilliant author and all-round horticultural visionary. This month, Alan Titchmarsh talks about the benefits of a vegetable garden, and why starting it in November can be bountiful.

November might not sound like the most obvious month to be out in the veg patch. The evenings are drawing in, there's a nip in the air, and the last thing most of us feel like doing is picking up a spade.

However, here's the secret: this is actually one of the most valuable times to set things in motion.

In the UK, November is perfect for getting ahead. Garlic, onions and shallots go in now, quietly putting down roots through winter so they can gain extra advantage in spring. Broad beans, too, can be sown this month as they'll germinate in the cooler soil and stand up to frost. And if you're lucky enough to have a greenhouse, you can also start off winter lettuces and



spinach, ready to pick when the rest of the garden is still dozina.

There's also something rather satisfying about tending the veg garden at this time of year. Without the rush and bustle of summer growth, you can work more slowly, take stock, and plan ahead.

Beds can be dug over and enriched with compost or well-rotted manure, allowing the watery reality of winter to wash all that goodness in. It's a quieter sort of gardening, but one that pays dividends come spring.

And let's not forget what a vegetable garden brings to a home. There's a certain pride in stepping outside, basket in hand, gathering your own produce for supper. A plate of roast chicken feels that much more special when accompanied by carrots you've grown yourself, or leeks you've lifted from your own soil.

After all, it's not just about flavour – though homegrown veg will always outshine supermarket fare – it's about connection... to the seasons, to the land, and to the work of your own two hands.

Finally, a vegetable patch will also change the feel of your garden. It becomes not just a place to admire, but somewhere to engage with, to potter, to weed, to watch life



unfolding in its simplest and most rewarding form. Even a few raised beds or containers can transform a patio into a productive corner.

So, don't write November off. Instead, wrap up warm, plant a few rows, and know that while the garden might look asleep, there's quiet work going on beneath the surface!



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No Drain No Gain

A guide to maintain proper drainage in your garden.

Healthy, draining soil is the foundation of any successful garden, with excess water allowed to percolate away from plant roots, preventing oxygen deprivation and disease

Signs of poor drainage can include puddles or standing water that lingers, yellowing leaves or stunted plant growth, moss or algae growth on the soil surface, plus sticky, heavy soil and roots that appear black, mushy, or smell foul when unearthed.



Conversely, soil that drains too quickly may not retain enough water for plant growth, leading to drought stress.

You can determine your garden's current drainage status by digging a hole about 30 cm (1ft) deep and 15cm (6") wide. Fill with water and let it drain completely. Next refill and observe how long it takes for the water to drain. If it completes within 2-4 hours, your soil has good drainage. Longer than this, and your soil likely drains too slowly. If it drains within minutes, it may not retain moisture well.

To remedy slow drainage, add organic matter such as compost, leaf mould, mulch such as bark chips or straw, or well-rotted manure. These will break up heavy soils and improve structure. Also consider raised beds that lift plant roots above poorly draining soil.

For persistent problems, especially in large or sloped gardens, installing a perforated pipe or French drain might be necessary – a system that channels excess water away from your planting areas.

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Orlando Murrin's Best Apple Crumble

Presenter of the BBC Good Food podcast and highly esteemed chef, if Orlando Murrin says it's the best apple crumble, you'd do well to believe him.

Method

- **1.** Heat the oven to 190°C/170°C fan/gas mark 5.
- 2. Toss 575g peeled, cored and sliced Bramley apples with 2 tbsp golden caster sugar and put in a 23cm round baking dish at least 5cm deep, or a 20cm square dish. Flatten down with your hand to prevent too much crumble falling through.
- **3.** Put 175g plain flour and 110g golden caster sugar in a bowl with a good pinch of salt.
- 4. Slice in 110g cold butter and rub it in with your fingertips until the mixture looks like moist breadcrumbs. Shake the bowl and any big bits will come to the surface rub them in. Alternatively, pulse in a processor until sandy (don't over-process).
- **5.** Pour the crumb mix over the apples to form a pile in the centre, then use a fork to even out.

- **6.** Gently press the surface with the back of the fork so the crumble holds together and goes crisp, then lightly drag the fork over the top for a decorative finish.
- **7.** Sprinkle 1 tbsp rolled oats and 1 tbsp demerara sugar over evenly, if you wish.
- **8.** Set on a baking tray and put in the preheated oven for 35-40 minutes, until the top is golden and the apples feel very soft when you insert a small, sharp knife. Leave to cool for 10 minutes before serving.



Ingredients:

Serves 4

For the filling

- 575g Bramley apple (3 medium apples) peeled, cored and sliced to 1cm thick
- 2 tbsp golden caster sugar

For the crumble

- 175g plain flour
- 110g golden caster sugar
- 110g cold butter

For the topping (optional)

- 1 tbsp rolled oats
- 1 tbsp demerara sugar
- Double cream, clotted cream or custard, to serve



Linda 07837186659

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Is Equity Release Right for You? Understanding the Pros, Cons, and Myths

Equity release can be a powerful financial option, allowing homeowners to unlock the value of their home without selling up. But it needs careful thought and planning to check if it is the right choice for you.

What Is Equity Release?

Equity release lets homeowners access the wealth tied up in their property, typically as a lump sum, regular payments, or both, while still living in their home. The most common form is a Lifetime Mortgage, where the loan is repaid (plus interest) when the homeowners pass away or move into long-term care.

What Can Equity Release Be Used For?

Many people use equity release for various reasons, including:

- · Home Improvements to finance upgrades such as replacing your boiler and/or windows to ensure long-term warmth, or to modify your cherished home to accommodate your changing living needs.
- \cdot Supplementing retirement income easing financial pressure.
- · Helping family gifting money to children or grandchildren.
- · Paying off debts clearing outstanding loans or mortgages.
- · Enjoying life funding holidays, hobbies, or experiences. Ticking off your bucket list.

Common Myths About Equity Release

There are many misconceptions about equity release. Here are some common myths:

- · You'll lose ownership of your home Not true! With a Lifetime Mortgage, you remain the homeowner.
- · It's only for people in financial trouble No, many use equity release to boost their lifestyle or support loved ones.
- · You'll leave nothing for your children This depends on several factors, but some plans allow for inheritance protection, ensuring a portion of the home's value is safeguarded.

Equity Release Isn't Right for Everyone

While it can be a great financial tool, it's not suitable for everyone. Things to consider:



- · Interest rolls up meaning the loan amount increases over time.
- · Impact on inheritance the more money released, the less left for beneficiaries.
- · Effect on benefits eligibility for state benefits (like pension credit) could be affected.

Final Thoughts

Independent legal advice is a key safeguard to ensure homeowners fully understand the implications of an equity release product, to explain the terms, understand the risks, confirm no undue pressure from third parties and confirm the legal paperwork.

Would equity release work for you? That depends on your individual circumstances, goals, and long-term plans. It is important to seek financial advice from a qualified adviser. Here at Blake and Day, we are registered for all types of mortgages, including equity release. Please contact Claire for a no obligation, free consultation to establish if equity release is right for you. M:07767 308783

If you need help or advice please contact me, Claire Blake on M:07767 308783 or E: claire@bdfinancial.co.uk.

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A Design for Life... The Kevin McCloud Column

Designer, writer and television presenter, Kevin McCloud leapt into our consciousness with his vastly successful Grand Designs show on Channel 4. This month, the affable architectural business owner reflects on how journeys abroad have subtly shaped the way he lives and decorates his home.

Travel is the greatest tutor. You can pore over drawings, study floor plans or admire photographs in books, but nothing compares to standing in a space far from home, feeling what it does to you. The air, the light, the proportions - they stay with you. And, inevitably, they seep into the way you live.

For instance, Morocco taught me the magic of compression and release. In the medina of Fez, I wandered through shaded lanes that suddenly opened into sunlit courtyards.
That moment of
transition where
you move from
the contained to
the generous, made
me think differently
about my own home.
Now, a modest, almost
understated entrance
opens into a light-filled living
space. It's a subtle shift, but
one that changes how you feel
as you step inside.

In Venice, I developed a lasting fondness for terrazzo. I remember walking across the cool floors of a palazzo where chips of marble glowed softly in the afternoon sun. Back at home, I brought a fragment of that idea into my own interiors—my terrazzo-topped sideboard... every time the light hits it just right, it takes me straight back there.

Japan gave me a lesson in restraint. I once stayed in a Kyoto ryokan where the morning light filtered through shoji screens in a softest, beautifully diffused way. It was gentle, almost sculptural, and I've since recreated that effect with linen blinds in my bedroom. It's wonderful.

Then there's Mexico. In Oaxaca, I saw walls painted in colours so rich – ochres, pinks, deep blues. In my kitchen, I've painted a single wall a warm ochre, a nod to that memory. It's balanced by cool grey stone and simple cabinetry, so it never tips into theme.

Living in the countryside, I've always believed a house should encourage a fully formed relationship with its environment, but in actual fact it should also be about all the influences from much further afield, where different cultures create something of a map of memories — all in the past, but being lived out around me, in the present and the future.









Bed In

The ultimate guide to bedding.

Cottor

The most popular bedding material, prized for its softness, breathability and versatility. Look for long-staple cottons (like Egyptian, Pima, or Supima) for superior feel and longevity.

Linen

Made from flax, linen bedding is airy, moisture-wicking, and perfect for hot sleepers. It becomes softer with each wash and has a luxurious but understated feel.

Bamboo

An eco-friendly option that is naturally hypoallergenic, soft and cooling - ideal for sensitive skin and the warmer-bodied among us.

Polyester and Blends

Affordable, durable and wrinkleresistant, but often less breathable than natural fibres.

Silk

Not just for lotharios, silk bedsheets are exceptionally smooth and gentle on skin. Silk also helps skin retain its moisture, making it popular among beauty sleepers who are seeking fewer wrinkles and desiring to evade bedhead.

Does it count?

Thread count – often splashed boldly across packaging – refers to the number of horizontal and vertical threads woven into one square inch of fabric, with quality bedding typically ranging from 200-800 thread count.

However, higher isn't always better. Many experts agree that a count between 300-500 delivers the best balance of softness, durability and breathability for cotton sheets. Bear in mind as well that some manufacturers use multi-ply threads to artificially inflate the count, so focus on fibre quality and weave instead of the highest number.

Bed care

Hot water can shrink fibres and fade colours, especially in cotton. Instead, tumble dry on low or line dry when possible as over-drying can weaken fibres and increase wrinkles.





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A Novel November

Get your eye in with one of these charming reads this month.

The Look by Michelle Obama (Nov 4th)

Beautifully illustrated with more than 200 photographs, including

never-before-seen images, The Look is a stunning journey through Michelle Obama's style evolution, in her own words for the first time.

She shares how she uses the beauty and intrigue of fashion to draw attention to her message.

Exit Strategy by Lee Child and Andrew Child

(Nov 4th)
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reaches 30 books. In this.

the latest, our righteous adventurer for troubled times will make three

stops in one day.
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coffee shop; second, a
store to buy a coat; and
third, wherever this bend
in the road takes him.



Live Aid – The Definitive Inside Story by Paul Vallely (Nov 6th) In 1985, with over £100million in his

back pocket from
Live Aid – the greatest rock
concert the world had ever seen –
Bob Geldof took a trip across Africa
to decide how to spend the money
he had raised for the Ethiopian
famine. He asked Paul Vallely to go
with him, thus providing a unique
and full eye-witness account of that
time, and the four decades since.



Bread of Angels: A Memoir by Patti Smith (Nov 4th) Bread of Angels covers everything from the iconic Patti Smith's childhood in working-class Philadelphia and South Jersey to her

rise as a punk rock star and her subsequent retreat from public life.

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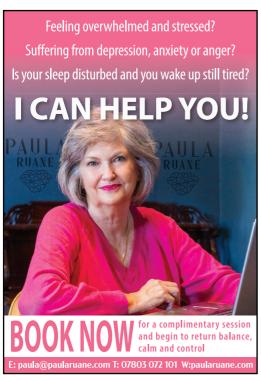
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The Renters Rights Bill – Landlords Beware! There have been further delays in respect of the Rents Rights Bill.

In May this year, the House of Lords proposed 300-plus amendments to the draft Bill. The draft Bill is due to have a further examination by the House on 1 July, with further examinations scheduled for 7 July and 15 July.

But what can we glean from the amendments and themes from the committee stage debates? It cannot be denied that this Bill will be the most ambitious piece of legislative change to the private rental sector in over 35 years. In broad summary the Bill is seeking to abolish fixed term assured tenancies and assured shorthold tenancies. It will also impose obligations on landlords and others in relation to rented homes and temporary and supported accommodation. In we look at these briefly in turn: -

Fixed-term tenancies

This is a moot topic between the Government and the House of Lords, with the latter putting forward multiple examples where the lack of a fixed-term tenancy could be counter-productive. The Bill will provide tenants with increased flexibility, but this will leave landlords with the only option of offering tenants a periodic tenancy rolling from one month to the next.

Landlords will also be prevented from serving section 21 notices (two-month notice) to a tenant to vacate the property. A tenant will be able to serve a notice; however, the landlord will need to prove a statutory ground in order to obtain possession. The most commonly relied upon mandatory ground for possession is a specified amount of rent arrears. However, the Bill will require a higher threshold of arrears to be established than under the current law. The new proposed ground 8 will require there to be at least 3 months' rent arears both at the date of service of the notice and the date of the hearing. Under the current law, there must be at least 2 months' rent arrears to rely upon this ground.

These revisions will present certain difficulties to landlords. The loss of a fixed term tenancy means the landlord (and indeed his tenants) loses the certainty and their property will be rented for a certain period with the real risk that the tenant may serve a notice to terminate their tenancy.

Rent reviews

While a landlord will be able to propose annual rent increases in line with the fair market rent, this will need to be done by following a prescribed statutory process.

The norm would be for rent reviews to be incorporated into written tenancy, for rent increases to be considered upon

the expiration of the tenancy. However, given that fixed term



tenancies are to be abolished, the new regulations will require landlords to serve a statutory notice on their tenant, giving at least two months' notice of the rental increase. The tenants will have a right to object and challenge the rent increases within the First-Tier Tribunal (Property) Chamber. Once the Tribunal has determined the open market rent for the property, this will be payable from the later date of determination rather than the date of the notice of increase.

This poses a clear problem to landlords as there is no clear disincentive on a tenant to accept the new rent without first challenging it. This is because there will be no cost sanctions levied on a tenant through challenging the proposed rent increase through the FTT. Further, if a rent increase is upheld, the new rent will not be higher than the sum the landlord proposed, and will not be backdated, so will only apply from a future date determined by the tribunal. There are clear concerns therefore that the Courts will be overwhelmed by tenants seeking to challenge proposed rental increases.

Increased regulation

Landlords will be required to register with a new property database. This will add a further layer of administrative costs on landlords; however, the last database which was created by Housing Act 2004 created a framework which has been worked well and is relied upon by both tenants and landlords. No further detail has been released as yet as to how the database will operate and what information is required.

We are keeping a close eye on developments in respect of the Bill and we will report as and when these trickle through. If you are looking for a Solicitor to assist with disputes you may be involved with, or are concerned about a boundary and would like some advice, then please do not hesitate to contact me on the details below as we will be happy to help.

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